



SEAFOOD

HADDOCK FILLET £16.95

FRESH LOCALLY CAUGHT HADDOCK IN BREADCRUMBS OR CRISP BATTER. WITH CHIPS & MUSHY PEAS.

MUSSELS & FRITES (GF) £19.50

LARGE PORTION OF FRESH NORTH SEA MUSSELS IN A WHITE WINE GARLIC SAUCE FINISHED WITH DOUBLE CREAM. WITH SKINNY FRIES & CRUSTY BREAD* AND BUTTER.

OVEN BAKED SALMON (GF) £17.95

FILLET OF SALMON WITH HORSE RADISH SOUR CREAM, SERVED WITH SAUTÉ POTATOES AND GREEN BEANS.

SEARED TUNA STEAK (GF) £22.50

PAN-SEARED TUNA STEAK (MEDIUM RARE) SERVED WITH STIR-FRIED VEGETABLES AND EGG NOODLES.

SEAFOOD RISOTTO WITH SAMPHIRE (GF) £19.95

RISOTTO WITH LOBSTER, KING PRAWNS, SALMON, MUSSELS AND SAMPHIRE.

THAI GREEN KING PRAWN CURRY (GF) £17.50

MILD THAI KING PRAWN CURRY WITH COCONUT RICE.

SCAMPI £14.95

DEEP FRIED SCAMPI SERVED WITH SKINNY FRIES, COLESLAW AND SALAD GARNISH.

VEGETARIAN DISHES

MACARONI CHEESE £12.95

MACARONI IN A RICH SAUCE MADE WITH MATURE CHEDDAR CHEESE AND DOUBLE CREAM AND TOPPED WITH CRISPY BREADCRUMBS. SERVED WITH CHIPS AND SALAD.

GOURMET SHIP INN VEGGIE BURGER (GF) £14.95

HOME-MADE SPICED SWEET POTATO & CHICKPEA BURGER IN A BUN* WITH SKINNY FRIES. WITH SMOKED APPLEWOOD CHEESE, BEEF TOMATO, LETTUCE, SALSA AND SLICED RED ONION. SERVED WITH COLESLAW.

THAI GREEN TOFU CURRY (V,GF) £13.95

MILD THAI TOFU CURRY SERVED WITH COCONUT RICE.

VEGAN CAESAR SALAD (V,GF) £13.95

BABY GEM LETTUCE WITH CRISPY CHICKPEA CROUTONS, ALMOND PARMESAN AND AVOCADO WITH A CREAMY ROASTED GARLIC CAESAR DRESSING

SIDE ORDERS

(ONLY AVAILABLE WITH MAIN COURSE MEALS)

SINGLE PORTION OF CHIPS (V)	£3.75
LARGE PORTION OF CHIPS (2 – 3 PERSONS) (V)	£5.50
HOME-MADE ONION RINGS* (V)	£3.95
CRUSTY BREAD* & BUTTER (V)	£2.00
GARLIC BREAD (4 PIECES)	£3.75
COLESLAW (V)	£2.75
CHEF'S SALAD	£3.75

MEAT DISHES

HOME-MADE CHICKEN FILLETS £14.95

GENEROUS PIECES OF FRESH CHICKEN BREAST COATED IN BEER BATTER AND DEEP FRIED. SERVED WITH CHIPS, COLESLAW, SALAD AND GARLIC MAYO.

CHICKEN TIKKA TACOS £16.50

2 TACO SHELLS FILLED WITH TENDER CHICKEN TIKKA AND SHREDDED LETTUCE SERVED WITH PILAU RICE, CUCUMBER RAITA AND MANGO CHUTNEY.

LAMB CHOPS WITH COUSCOUS £21.50

2 CHARGRILLED LAMB CHOPS SERVED WITH MOROCCAN COUSCOUS AND HARISSA SAUCE. WITH TENDERSTEM BROCCOLI AND CHARGRILLED COURGETTE.

THAI GREEN CHICKEN CURRY (GF) £15.95

MILD THAI CHICKEN CURRY SERVED WITH COCONUT RICE.

HONEY & ORANGE DUCK (GF) £22.50

PAN-FRIED BREAST OF DUCK WITH HONEY & ORANGE SAUCE, SERVED WITH 5 SPICE FONDANT POTATO, CARROT RIBBONS & TENDERSTEM BROCCOLI

FROM THE CHARGRILL

8OZ SIRLOIN STEAK (GF) £27.50

OUR STEAKS ARE PRIME SCOTCH BEEF AND ARE SERVED WITH MUSHROOMS, TOMATO, HOME-MADE ONION RINGS* AND SKINNY FRIES. PEPPERCORN SAUCE - EXTRA £2.95

SURF AND TURF

FOR AN ADDITIONAL £3.95 YOU CAN HAVE YOUR STEAK WITH DELICIOUS KING PRAWNS GRILLED WITH GARLIC BUTTER.

SHIP INN MIXED GRILL (GF) £18.95

RUMP STEAK, LAMB CHOP, GAMMON STEAK, CHICKEN FILLET, SAUSAGE AND BLACK PUDDING SERVED WITH SKINNY FRIES, HOME-MADE ONION RINGS*, MUSHROOMS, GRILLED TOMATO AND A FRIED EGG.

GAMMON STEAK (GF) £14.50

GRILLED GAMMON STEAK SERVED WITH PINEAPPLE OR FRIED EGG, CHIPS, COLESLAW AND SALAD.

GOURMET SHIP INN BURGERS £15.95

PRIME SCOTCH BEEF OR WHOLE FRESH CHICKEN SUPREME IN A BUN* WITH SKINNY FRIES. WITH SMOKED APPLEWOOD CHEESE, GRILLED BACON, BEEF TOMATO, BABY GEM LETTUCE, MAYO AND A BATTERED ONION RING*. SERVED WITH COLESLAW.

CHILDREN'S MEALS

MACARONI CHEESE * (V)	£6.50
HOME-MADE 4OZ BEEFBURGER	£6.95
(WITH CHEESE - 50 PENCE EXTRA)	
HOME-MADE 4OZ CHICKEN GOUJONS	£7.50
FRESH HADDOCK (BATTERED OR BREADED)	£8.50
SAUSAGES	£6.95
ALL SERVED WITH CHIPS AND PEAS OR BAKED BEANS.	
MACKIE'S ICE CREAM	£3.25